

REVIEW

Review the *Dangers of Distracted Driving* PowerPoint presentation. Make sure to take notes about the types of distracted driving and distracted driving behaviors.

WATCH

Watch the following videos:

- [Liz Marks's Story](#)
- [AAA Research on Cognitive Distraction while Driving](#)

ANSWER

Take the Distracted Driving Quiz

1. Name the three types of distracted driving
2. As a passenger, what can you do to help the driver stay safe?
3. What can a driver do before leaving home to help avoid distracted driving?
4. How do distractions increase your risk of crashing?
5. What can you do to stay safe when you encounter a distracted driver on the roadway?