



**TOPIC:** Alcohol-Impaired Driving

**GRADES:** 9 - 12

## OBJECTIVES

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- Understand alcohol's effects on the brain and body
- Understand alcohol's effects on driving ability
- Analyze data and statistics from the National Highway Traffic Safety Administration (NHTSA) on this subject to compare the issue nationally
- Discuss alternate methods of transportation
- Understand state-specific laws on impaired driving

## PROCEDURE

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- Assign to read the Alcohol and Substance Impaired Driving Fact Sheet.
- Assign students to learn about AAAPROMise.
- Assign students to complete the **General Knowledge Check** pre-lesson questions located in the student worksheet.
- Assign students to watch two videos and analyze two charts:
  - **Alcohol, Tragedy and the Legacy of Philip Lutzenkirchen**  
(<https://www.youtube.com/watch?v=YpD8FKkh6a0>)
  - **Under Construction: Alcohol and the Teenage Brain**  
([https://www.youtube.com/watch?v=g2gVzVIBc\\_g](https://www.youtube.com/watch?v=g2gVzVIBc_g))
  - **Alcohol-Impaired Drivers Involved in Fatal Crashes, by Age Group, Sex, and Vehicle Type, 2009 and 2018** ([Fact Sheet](#))
  - **Blood Alcohol Concentration**  
([www.nhtsa.gov/risky-driving/drunk-driving](http://www.nhtsa.gov/risky-driving/drunk-driving))

## SUMMARY

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This lesson plan should be utilized to enhance individuals' understanding of the effects of alcohol on driving. Students will learn about alcohol's effects on the developing brain. Students will also consider planning for alternate transportation, such as having a designated driver or using a ride-sharing service. Students will also discuss and reflect on their findings about drunk driving and its consequences.

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